

Hilary Cottage Patients Participation Group

Minutes of the interim meeting held on Thursday 30 January at 2.30pm at the Surgery

1. Present John Read – Chair, Secretary and patient
 Margaret Bishop – Patient
 Judith Butler – Patient
 Helen Campbell – Patient
 Alison Watkins-Nash – Patient
 Stephen Andrews – CDC Cllr, First responder & patient. (Part time)

Helen said that family and other commitments meant that she felt she had to resign from the PPG. All expressed regret and thanked Helen for her work with the committee.

2. Apologies Graham Hewitt – Chair Friends of Fairford & Lechlade
 Jennie Sanford – Fairford Cllr & patient
3. Minutes of the full meeting of 7 Nov 2019 – these were approved
4. Matters arising not listed below
 - a. After Brexit there might be a shortage of medicines. Diane to be asked to advise **Action DP** (Diane advises us that there are no problems in this regard)
5. Welcome to **Sarah Harrison**, Health Visitor and Kathy Tasker, Communities Team Leader
 - a. Sarah gave an account of her role as Health Visitor. Clients were normally referred to her by medical staff but could also be referred by concerned members of the public using a standard procedure. Sarah's work was outcome based and she worked with the Care Agency Network and the Independence Trust. In the context of the Fairford Community Wellbeing Project she felt there might be a case for supporting a Talking Café. Sarah had found the list of caring organisations drawn up by the PPG as part of the Community Wellbeing Project useful, together with the PPG trifold on Caring. John thanked Sarah for her presentation.
 - b. John then welcomed **Kathy Tasker**, Communities Team Leader to the meeting. Kathy gave an account of her role of, in effect, caring for carers. The first stage of this work was to identify in each practice the number of carers. In Fairford this was 48 which was very much below the national average of 1 in 10 (which implied a figure of over 300). Fairford practice would be asked to re-examine their figures and add previously unidentified carers to the register who might then be eligible for support. John would write to Diane in this regard and for information on help for Carers to be posted on the surgery website. **Action JR/KT/DP.** (Diane advises us that there are 126 carers on the Fairford register. There is an Admin lead at reception to register carers and there is also a facility for this on the website.) Kathy went on to say that her work was GCC and CCG funded and had the ability to fund emergency support of carers though it was hoped that wherever possible prior support would make this unnecessary. Her organisation worked with Carers of

Gloucestershire. John asked Kathy to provide information on the service she aimed to provide in more detail. **Action KT**. John thanked Kathy for her presentation

6. Area 1 – Keeping informed
 - a. CCG – funding for Community Wellbeing – John reported that he had asked for an agreement in principle for the CCG to provide funding for the Wellbeing project but so far not had a reply. **Action JR**
 - b. Cluster Group – items to raise – there was a proposal from Nigel Collins to hold an area seminar on Healthy Eating. The PPG felt that this should be supported as Fairford Health Information Events, though well organised, had had very small audiences. It was noted that lack of exercise led to a 67% increase in hip fractures and that some form of publicity for exercise programmes could be mounted but it was also noted that generally people had a lack of interest in this topic until it was too late.
7. Area 2 – Health Education for Patients
 - a. Way forward ideas – it was noted that falls in older members of the population could lead to severe health problems including brain damage and hip fracture. Lucy Brooks' Falls Prevention exercise programme had been found by one member of the PPG to be extremely effective. John would write to Diane to make her aware of this. **Action JR**. The use of Facebook to publicise this would be examined **Action JR/AW-N**
8. Area 3 – Promoting Self Help and non-medical support for patients
 - a. Community Wellbeing – John reported that the Wellbeing Project team had had a useful first meeting and that a high level of interest was being shown in the project.
 - b. Fairford Sports Centre – Stephen said that a proposal for a new business model for the Centre which had the support of the CDC had been put to Farmor's School.
9. Area 4 – Raising Patients' issues
 - a. Survey analysis – the Patient Survey had now been fully analysed by Helen who summarised the results. These had been passed to Diane and would be outlined and placed on the Surgery Website. John thanked Helen for this work on behalf of the whole PPG.
 - b. Coffee mornings – Next planned meeting – Jennie suggested a table in the Heritage Room at the Community Centre on Market Days. John also later suggested that a table at U3A general meetings might also be made available **Action JR/JS**
 - c. Carers Group – Margaret reported that progress was being made with a Talking Café. It was hoped that if the right volunteers could be found that this could be set up quickly.
10. Area 5 – Surgery meetings, forward planning and progress reporting
 - a. Next Action Plan – Alison agreed to examine ways of conducting surveys using IT **Action AW-N**. John agreed to prepare a first draft of an Action Plan for discussion **Action JR**
11. DONM - Thursday 27 February at 1.30pm at the Surgery. (Diane please let us know if this is possible **Action DP**)